

# PHYSICAL EDUCATION

at SCGSG

Head of Department:

Mrs R. Hughes

AQA - Specification 8582

You could consider opting for GCSE Physical Education if you have a high standard of practical performance in a least two practical activities and be willing to learn more about the theoretical aspects of the subject.

## Paper 1:

### *The human body and movement in physical activity and sport*

#### What is assessed?

- Applied anatomy and physiology
- Movement analysis
- Physical training
- Use of data

#### How is it assessed?

- Written examination of 1 hour 15 minutes
- A total of 78 marks (30% of GCSE)
- A mixture of multiple choice/objective test questions, short answer questions and extended answer questions



## Paper 2:

### *Socio-cultural influences and wellbeing in physical activity and sport*

#### What is assessed?

- Sports psychology
- Socio-cultural influences
- Health, fitness and wellbeing
- Use of data

#### How is it assessed?

- Written examination of 1 hour 15 minutes
- A total of 78 marks (30% of GCSE)
- A mixture of multiple choice/objective test questions, short answer questions and extended answer questions

## GCSE and beyond...

GCSE Physical Education provides students with a solid foundation in both theoretical and practical aspects of sport, fitness, and health.

The knowledge gained in areas such as anatomy, psychology, nutrition, and training principles is invaluable for those pursuing careers in sports science, coaching, physiotherapy, sports management, and teaching. Additionally, the course helps develop valuable workplace skills, including teamwork, organisation, communication, time management, and problem-solving.

By choosing GCSE PE, students not only gain a deep understanding of physical activity but also build a strong skill set that prepares them for both further education and the workplace.

## Non-exam Assessment:

### What is assessed?

Practical performance in **three** different physical activities in the role of player/performer (one in a team activity, one in an individual activity and a third in either a team or in an individual activity). Analysis and evaluation of performance to bring about improvement in one activity.

### How is it assessed?

Assessed by teachers, moderated by AQA (40% of GCSE) For each of their three activities, students will be assessed in skills in progressive drills (**10 marks** per activity) and in the full context (**15 marks** per activity). Students will be assessed on their analysis (**15 marks**) and evaluation (**10 marks**) of performance to bring about improvement in one activity.