

### Autumn 1

Lesson 1	Lesson 2	Lesson 3	Lesson 4			
<b>THEME 3b</b> Positive Relationships: Friendships and Managing Conflict	<b>THEME 3b</b> Positive Relationships: Bullying, Harassment and Coercive Control	<b>THEME 3b</b> Positive Relationships: Cyberbullying	<b>THEME 3b</b> Positive Relationships: the effects of screen time, Characteristics of Healthy Relationships			
PD Weekly 1	PD Weekly 2	PD Weekly 3	PD Weekly 4	PD Weekly 5	PD Weekly 6	PD Weekly 7 – NB <i>may be any week during the half term</i>
<b>THEME 5d</b> Positive Wellbeing: Building positive thinking	<b>THEME 5d</b> Positive Wellbeing: Self Talk and Growth Mindset	<b>THEME 5d</b> Positive Wellbeing: Relationships and our Wellbeing	<b>THEME 5d</b> Positive Wellbeing: Introduction to Journaling	<b>THEME 5d</b> Positive Wellbeing: Journaling	<b>THEME 5d</b> Positive Wellbeing: Journaling	<b>THEME 5d</b> Wellbeing Activity (led by Prefect Team)

### Autumn 2

Lesson 1	Lesson 2	Lesson 3	Lesson 4			
<b>THEME 1a, 1b, 1d</b> Desert Island Project	<b>THEME 1a, 1b, 1d</b> Desert Island Project Lesson 2	<b>THEME 1a, 1b, 1d</b> Criminals, Laws and Criminal Responsibility	<b>THEME 1a, 1b, 1d</b> Rules, Laws and Punishments			
PD Weekly 1	PD Weekly 2	PD Weekly 3	PD Weekly 4	PD Weekly 5	PD Weekly 6	PD Weekly 7 – NB <i>may be any week during the half term</i>
<b>THEME 6d</b> Rights and Responsibilities	<b>ANTI BULLYING WEEK</b>	<b>THEME 6d</b> Consumer Rights	<b>THEME 6d</b> Consumer Rights	<b>THEME 6d</b> Employment Rights and Responsibilities	<b>THEME 6d</b> Employment Rights and Responsibilities	<b>THEME 5d</b> Wellbeing Activity (led by Prefect Team)

## Spring 1

Lesson 1	Lesson 2	Lesson 3			
Committed Relationships	Committed Relationships and Parenting	Relationship Breakdown			
PD Weekly 1	PD Weekly 2	PD Weekly 3	PD Weekly 4	PD Weekly 5	PD Weekly 6 NB <i>may be any week during the half term</i>
Dealing with conflict	Dealing with conflict - Strategies	Human Rights 1	Human Rights 2	Human Rights and British Values	Wellbeing Activity (led by Prefect Team)

## Spring 2

Lesson 1	Lesson 2	Lesson 3		
<b>UNIFROG LAUNCH</b>  Careers and Aspirations	<b>NATIONAL CAREERS WEEK</b>  Careers and Aspirations	Labour Market Information		
PD Weekly 1	PD Weekly 2	PD Weekly 3	PD Weekly 4	PD Weekly 5
Workplace Skills	<b>NATIONAL CAREERS WEEK</b>	<b>NATIONAL CAREERS WEEK (con)</b>	Workplace Skills	Wellbeing Activity (led by Prefect Team)

## Summer 1

Lesson 1	Lesson 2	Lesson 3			
Staying Safe: Digital Footprint	Staying Safe: Online relationships (includes sending of images)  Managing Risk and Staying Safe	Staying Safe: Weapons and Knife Crime			
PD Weekly 1	PD Weekly 2	PD Weekly 3	PD Weekly 4	PD Weekly 5	PD Weekly 6
Assertiveness	Assertive communication	Finance & Employment – Salary and payslips	Finance & Employment – Understanding employment and tax	Healthy Sleep	Healthy Sleep Advice and Solutions

## Summer 2

Lesson 1	Lesson 2		Lesson 3		
LGBTQ+ – What is it?  Prejudice and Homophobia	Homophobic Bullying	<b>EXAM WEEK</b>	Allyship: Support for those who are LGBT		
PD Weekly 1	PD Weekly 2		PD Weekly 3	PD Weekly 4	PD Weekly 5
From Failure to Success	WELLBEING – Open Doors Comp	<b>EXAM WEEK</b>	LITERACY FESTIVAL	Social Media and online stress 1	Social Media and online stress 2