

Year 11 Personal Development Programme

Y11 AUTUMN TERM

Autumn 1 – Mon 30th September 2024

PD Lesson 1	PD Lesson 2	PD Lesson 3				
THEME 6a Unifrog, CVs, Activities, Personal Statements	THEME 6a Post 16 Choices / A level Workshop	THEME 6a, 6b, 6c Character Strengths and how they apply in Year 11 – Prefect Team				
PD Weekly 1	PD Weekly 2	PD Weekly 3	PD Weekly 4	PD Weekly 5	PD Weekly 6	PD Weekly 7
THEME 6c VISION For learning & EFFORT	THEME 6c SYSTEMS for learning	THEME 6c POSITIVE attitude to learning and	THEME 6c Reminder - How/When/Where should I revise? Revision breaks	THEME 6c Reminder – Quizzing, Flashcards, Exam Questions and Calendar	THEME 6a, 6b, 6c Follow up and finish off Booklet from Lessons 1-3	THEME 5d Wellbeing Activity (led by Prefect Team)

Autumn 2 – Wed 6th Nov 2024

PD Lesson 1	PD Lesson 2	PD Lesson 3			
THEME 5a, 6b Alzheimers and Dementia Awareness	THEME 5a, 6b Health Issues: Cancer Awareness- includes self examination and screening	THEME 4a, 5a, 6b Cosmetic and Aesthetic Procedures (including appearance ideals, body image and self esteem)			
PD Weekly 1	PD Weekly 2	PD Weekly 3	PD Weekly 4	PD Weekly 5	
THEME 2a, 2c RS – Ethics and Morality	THEME 5d ANTI BULLYING WEEK	THEME 2a, 2c RS – Ethics – The Trolley Problem	THEME 2a, 2c RS Ethics and Religious Beliefs	Follow up and finish off Booklet and Lessons 4-6	

Spring 1 – (lessons on Tuesday 14th January 2025)

Sixth Form Taster Day – 14 th January	Sixth Form Taster Day – 14 th January	Sixth Form Taster Day – 14 th January	Sixth Form Taster Day – 14 th January	Sixth Form Taster Day – 14 th January	
Sixth Form life Post 16 Choices A Levels	Sixth Form life Post 16 Choices A Levels	Sixth Form life Post 16 Choices A Levels	Sixth Form life Post 16 Choices A Levels	Sixth Form life Post 16 Choices A Levels	
PD Weekly 1	PD Weekly 2	PD Weekly 3	PD Weekly 4	PD Weekly 5	PD Weekly 6 - <i>NB may be in any week during the half term</i>
Self Reflections	Next Steps (Follow up to Sixth Form Taster Day)	Workplace Skills	Effort Matters More than Talent	Resilience, 'Grit' and Effort	Wellbeing Activity (led by Prefect Team)

Spring 2 (Lessons on Thursday 6th March 2025)

PD Lesson 4	PD Lesson 5	PD Lesson 6				
LOUDMOUTH – Safe and Sound: BOOKED	Pregnancy Choices - Parenthood, Abortion, Adoption	Reproductive Health issues: Miscarriage, Fertility				
PD Weekly 1	PD Weekly 2	PD Weekly 3	PD Weekly 4	PD Weekly 5	PD Weekly 6	PD Weekly 7 – <i>NB may be in any week during the half term</i>
NATIONAL CAREERS WEEK 1 Interview skills – Spot the Bad advice	NATIONAL CAREERS WEEK 2 Interview skills – Plan your answers	NATIONAL CAREERS WEEK 3 Interview skills – Finish planning your answers	NATIONAL CAREERS WEEK 4 Interview skills – Role play (practice interviews)	Britishness	Human Rights and British Values	Wellbeing Activity (led by Prefect Team)

Summer 1 – British Values, Health and Wellbeing**Life Beyond School**

PD Weekly 1	PD Weekly 2	PD Weekly 3
Fake News and media	Role of the Media	Media and Democracy