

Autumn 1

| Lesson 1 | Lesson 2 | Lesson 3 | Lesson 4 | | | |
|--|--|--|---|---|---|---|
| THEME 3b Positive Relationships: Friendships and Managing Conflict | THEME 3b Positive Relationships: Bullying, Harassment and Coercive Control | THEME 3b Positive Relationships: Cyberbullying | THEME 3b Positive Relationships: the effects of screen time, Characteristics of Healthy Relationships | | | |
| PD Weekly 1 | PD Weekly 2 | PD Weekly 3 | PD Weekly 4 | PD Weekly 5 | PD Weekly 6 | PD Weekly 7 – NB <i>may be any week during the half term</i> |
| THEME 5d Positive Wellbeing: Building positive thinking | THEME 5d Positive Wellbeing: Self Talk and Growth Mindset | THEME 5d Positive Wellbeing: Relationships and our Wellbeing | THEME 5d Positive Wellbeing: Introduction to Journaling | THEME 5d Positive Wellbeing: Journaling | THEME 5d Positive Wellbeing: Journaling | THEME 5d Wellbeing Activity (led by Prefect Team) |

Autumn 2

| Lesson 1 | Lesson 2 | Lesson 3 | Lesson 4 | | | |
|--|---|--|--|---|---|---|
| THEME 1a, 1b, 1d Desert Island Project | THEME 1a, 1b, 1d Desert Island Project Lesson 2 | THEME 1a, 1b, 1d Criminals, Laws and Criminal Responsibility | THEME 1a, 1b, 1d Rules, Laws and Punishments | | | |
| PD Weekly 1 | PD Weekly 2 | PD Weekly 3 | PD Weekly 4 | PD Weekly 5 | PD Weekly 6 | PD Weekly 7 – NB <i>may be any week during the half term</i> |
| THEME 6d Rights and Responsibilities | ANTI BULLYING WEEK | THEME 6d Consumer Rights | THEME 6d Consumer Rights | THEME 6d Employment Rights and Responsibilities | THEME 6d Employment Rights and Responsibilities | THEME 5d Wellbeing Activity (led by Prefect Team) |

Spring 1

| Lesson 1 | Lesson 2 | Lesson 3 | | | |
|-------------------------|---------------------------------------|------------------------|--------------------|---------------------------------|---|
| Committed Relationships | Committed Relationships and Parenting | Relationship Breakdown | | | |
| PD Weekly 1 | PD Weekly 2 | PD Weekly 3 | PD Weekly 4 | PD Weekly 5 | PD Weekly 6 NB <i>may be any week during the half term</i> |
| Dealing with conflict | Dealing with conflict - Strategies | Human Rights 1 | Human Rights 2 | Human Rights and British Values | Wellbeing Activity (led by Prefect Team) |

Spring 2

| Lesson 1 | Lesson 2 | Lesson 3 | | |
|--|---|------------------------------------|--------------------|--|
| UNIFROG LAUNCH Careers and Aspirations | NATIONAL CAREERS WEEK Careers and Aspirations | Labour Market Information | | |
| PD Weekly 1 | PD Weekly 2 | PD Weekly 3 | PD Weekly 4 | PD Weekly 5 |
| Workplace Skills | NATIONAL CAREERS WEEK | NATIONAL CAREERS WEEK (con) | Workplace Skills | Wellbeing Activity (led by Prefect Team) |

Summer 1

| Lesson 1 | Lesson 2 | Lesson 3 | | | |
|--------------------------------|---------------------------------------|---|--|---------------------|------------------|
| Managing Risk and Staying Safe | Staying Safe: Weapons and Knife Crime | Staying Safe: Digital Footprint, Relationships Online and sending of images | EXAM WEEK | | |
| PD Weekly 1 | PD Weekly 2 | PD Weekly 3 | PD Weekly 4 | PD Weekly 5 | |
| Healthy Sleep | Healthy Sleep Advice and Solutions | Finance & Employment – Salary and payslips | Finance & Employment – Understanding tax | Types of Employment | EXAM WEEK |

Summer 2

| Lesson 1 | Lesson 2 | Lesson 3 | Lesson 4 | | |
|--|-------------------------|----------------------------|--------------------------|----------------------------------|----------------------------------|
| LGBTQ+ Prejudice and Homophobia | Allyship | Homophobic Bullying | Design a Campaign | | |
| PD Weekly 1 | PD Weekly 2 | PD Weekly 3 | PD Weekly 4 | PD Weekly 5 | PD Weekly 6 |
| From Failure to Success | Assertive Communication | Literacy - Open Doors Comp | LITERACY FESTIVAL | Social Media and online stress 1 | Social Media and online stress 2 |