

Autumn 1

Lesson 1	Lesson 2	Lesson 3	Lesson 4			
THEME 3b Positive Relationships: Friendships and Managing Conflict	THEME 3b Positive Relationships: Bullying, Harassment and Coercive Control	THEME 3b Positive Relationships: Cyberbullying	THEME 3b Positive Relationships: the effects of screen time, Characteristics of Healthy Relationships			
PD Weekly 1	PD Weekly 2	PD Weekly 3	PD Weekly 4	PD Weekly 5	PD Weekly 6	PD Weekly 7 – NB <i>may be any week during the half term</i>
THEME 5d Positive Wellbeing: Building positive thinking	THEME 5d Positive Wellbeing: Self Talk and Growth Mindset	THEME 5d Positive Wellbeing: Relationships and our Wellbeing	THEME 5d Positive Wellbeing: Introduction to Journaling	THEME 5d Positive Wellbeing: Journaling	THEME 5d Positive Wellbeing: Journaling	THEME 5d Wellbeing Activity (led by Prefect Team)

Autumn 2

Lesson 1	Lesson 2	Lesson 3	Lesson 4			
THEME 1a, 1b, 1d Desert Island Project	THEME 1a, 1b, 1d Desert Island Project Lesson 2	THEME 1a, 1b, 1d Criminals, Laws and Criminal Responsibility	THEME 1a, 1b, 1d Rules, Laws and Punishments			
PD Weekly 1	PD Weekly 2	PD Weekly 3	PD Weekly 4	PD Weekly 5	PD Weekly 6	PD Weekly 7 – NB <i>may be any week during the half term</i>
THEME 6d Rights and Responsibilities	ANTI BULLYING WEEK	THEME 6d Consumer Rights	THEME 6d Consumer Rights	THEME 6d Employment Rights and Responsibilities	THEME 6d Employment Rights and Responsibilities	THEME 5d Wellbeing Activity (led by Prefect Team)

Spring 1

Lesson 1	Lesson 2	Lesson 3			
Committed Relationships	Committed Relationships and Parenting	Relationship Breakdown			
PD Weekly 1	PD Weekly 2	PD Weekly 3	PD Weekly 4	PD Weekly 5	PD Weekly 6 NB <i>may be any week during the half term</i>
Dealing with conflict	Dealing with conflict - Strategies	Human Rights 1	Human Rights 2	Human Rights and British Values	Wellbeing Activity (led by Prefect Team)

Spring 2

Lesson 1	Lesson 2	Lesson 3		
UNIFROG LAUNCH Careers and Aspirations	NATIONAL CAREERS WEEK Gatsby Benchmark 4: Careers in Subjects	Labour Market Information		
PD Weekly 1	PD Weekly 2	PD Weekly 3	PD Weekly 4	PD Weekly 5
Workplace Skills	NATIONAL CAREERS WEEK	NATIONAL CAREERS WEEK (con)	Workplace Skills	Wellbeing Activity (led by Prefect Team)

Summer 1

Lesson 1	Lesson 2	Lesson 3			
Staying Safe: Digital Footprint	Staying Safe: Online relationships (includes sending of images) Managing Risk and Staying Safe	Staying Safe: Weapons and Knife Crime			
PD Weekly 1	PD Weekly 2	PD Weekly 3	PD Weekly 4	PD Weekly 5	PD Weekly 6
Assertiveness	Assertive communication	Finance & Employment – Salary and payslips	Finance & Employment – Understanding employment and tax	Healthy Sleep	Healthy Sleep Advice and Solutions

Summer 2

Lesson 1	Lesson 2		Lesson 3		
LGBTQ+ – What is it? Prejudice and Homophobia	Homophobic Bullying	EXAM WEEK	Allyship: Support for those who are LGBT		
PD Weekly 1	PD Weekly 2		PD Weekly 3	PD Weekly 4	PD Weekly 5
From Failure to Success	WELLBEING – Open Doors Comp	EXAM WEEK	LITERACY FESTIVAL	Social Media and online stress 1	Social Media and online stress 2