

Autumn 1 – Relationships and Sex Education

Health and Wellbeing

Lesson 1	Lesson 2	Lesson 3	Lesson 4			
Positive Relationships: Friendships and Managing Conflict	Positive Relationships: Bullying, Harassment and Coercive Control	Positive Relationships: Cyberbullying	Positive Relationships: the effects of screen time on us, Healthy Relationships			
PD Weekly 1	PD Weekly 2	PD Weekly 3	PD Weekly 4	PD Weekly 5	PD Weekly 6	PD Weekly 7 – NB <i>may be any week during the half term</i>
Positive Wellbeing: Building positive thinking	Positive Wellbeing: Self Talk and Growth Mindset	Positive Wellbeing: Relationships and our Wellbeing	Positive Wellbeing: Introduction to Journaling	Positive Wellbeing: Journaling	Positive Wellbeing: Journaling	Wellbeing Activity (led by Prefect Team)

Autumn 2 – Rights, Responsibilities and British Values

Life Beyond School

Lesson 1	Lesson 2	Lesson 3	Lesson 4			
Desert Island Project	Desert Island Project Lesson 2	Criminals, Laws and Criminal Responsibility	Rules, Laws and Punishments			
PD Weekly 1	PD Weekly 2	PD Weekly 3	PD Weekly 4	PD Weekly 5	PD Weekly 6	PD Weekly 7 – NB <i>may be any week during the half term</i>
Rights and Responsibilities	ANTI BULLYING WEEK	Consumer Rights	Consumer Rights	Employment Rights and Responsibilities	Employment Rights and Responsibilities	Wellbeing Activity (led by Prefect Team)

Spring 1 – Relationships and Sex Education

Health and Wellbeing

Lesson 1	Lesson 2	Lesson 3		
Committed Relationships	Committed Relationships and Parenting	Relationship Breakdown		
PD Weekly 1	PD Weekly 2	PD Weekly 3	PD Weekly 4	PD Weekly 5
Dealing with conflict	Dealing with conflict - Strategies	WELLBEING WEEK	Healthy Sleep	Healthy Sleep – Advice and solutions

Spring 2 – Life Beyond School

Health and Wellbeing

Lesson 1	Lesson 2	Lesson 3		
Careers and Aspirations	Employability Skills online NEED LAPTOPS!	Labour Market Information		
PD Weekly 1	PD Weekly 2	PD Weekly 3	PD Weekly 4	PD Weekly 5 NB <i>may be any week during the half term</i>
Assertiveness	Assertive Communication	NATIONAL CAREERS WEEK	Assertive Communication	Wellbeing Activity (led by Prefect Team)

Summer 1 – Celebrating Diversity and Equality

Life Beyond School

Rights, Responsibilities and British Values

Lesson 1	Lesson 2	Lesson 3	Lesson 4			
LGBT – What is it?	Sexual Orientation	Gender identity and transphobia	Support for those who are LGBT and challenging Homophobia			
PD Weekly 1	PD Weekly 2	PD Weekly 3	PD Weekly 4	PD Weekly 5	PD Weekly 6	PD Weekly 7
Proud to be British	Proud to be British	Britishness and British Values	Britishness and British Values	From Failure to Success	From Failure to Success	EXAM WEEK

Summer 2 – Staying Safe Online and Offline: Dangers in Society,

Life Beyond School

Lesson 1	Lesson 2	Lesson 3	Lesson 4			
Healthy Friendships, Gangs Warning Signs	Weapons and Knife Crime Awareness	Child Exploitation 1 –	Child Exploitation 2			
PD Weekly 1	PD Weekly 2	PD Weekly 3	PD Weekly 4	PD Weekly 5	PD Weekly 6	PD Weekly 7 - NB may be any week during the half term
Happiness	Happiness	WELLBEING – Open Doors Comp	LITERACY FESTIVAL	Social Media and online stress	Social Media and online stress	Wellbeing Activity (led by Prefect Team)