## **Year 11 Personal Development Programme 2023-2024**

# Y11 AUTUMN TERM

#### Autumn 1 -

### **Life Beyond School**

PD Lesson 1	PD Lesson 2	PD Lesson 3				
Unifrog, CVs,	Post 16 Choices / A	Alzheimers and				
Activities, Personal	level Workshop	Dementia Awareness				
Statements						
PD Weekly 1	PD Weekly 2	PD Weekly 3	PD Weekly 4	PD Weekly 5	PD Weekly 6	PD Weekly 7
The Science of	The Science of	The Science of	The Science of	The Science of	Follow up and finish	Wellbeing Activity
Learning – How do I	Learning – Where	Learning – When	Learning – Self	Learning – Exam	off Booklet from	(led by Prefect Team)
learn and revise	should I revise?	should I revise?	Quizzing and	Questions and	Lessons 1-3	
effectively?		Revision breaks	Flashcards	Calendar		

### Autumn 2 – Life Beyond School, Staying Safe

### **Celebrating Equality and Diversity**

PD Lesson 4	PD Lesson 5	PD Lesson 6			
Character Strengths and how to apply them in Year 11 – Prefect Team	The Worldwide War on Drugs	Cosmetic and Aesthetic Procedures (including links back to appearance ideals, body image and self esteem)			
PD Weekly 1	PD Weekly 2	PD Weekly 3	PD Weekly 4	Final week of the Half term	
RS – Ethics and Morality	ANTI BULLYING WEEK	RS – Ethics – The Trolley Problem	RS Ethics and Religious Beliefs	Follow up and finish off Booklet and Lessons 4-6	

### Spring 1 – Relationships and Sex Education

### **Life Beyond School**

Sixth Form Taster Day – 15 <sup>th</sup> January	PD Lesson 7	PD Lesson 8	PD Lesson 9		
Sixth Form life Post 16 Choices A Levels	Cherished  1st February	Pregnancy Choices - Parenthood, Abortion, Adoption	Reproductive Health issues: Miscarriage, Fertility		
	PD Weekly 1	PD Weekly 2	PD Weekly 3	PD Weekly 4	During the Week after Lessons 7-9
	Self Reflections	Next Steps (Follow up to Sixth Form Taster Day)	WELLBEING WEEK	Resilience, 'Grit' and Effort	Follow up and finish off Booklet and Lessons 7-9

### Spring 2 – Rights, Responsibilities and British Values

### **Life Beyond School**

PD Weekly 1	PD Weekly 2	PD Weekly 3	PD Weekly 4	PD Weekly 5 – NB may be in any week during the half term
Britishness	Human Rights and British Values	NATIONAL CAREERS WEEK Interview skills – Spot the Bad advice	NATIONAL CAREERS WEEK 2 Interview skills – Plan your answers	Wellbeing Activity (led by Prefect Team)



## Summer 1 – British Values, Health and Wellbeing

### **Life Beyond School**

PD Lesson 10	PD Lesson 11	PD Lesson 12			
LOUDMOUTH – Safe	Health Issues: Cancer	Preparation for Study			
and Sound: Booked	Awareness- includes	Leave			
for 15 <sup>th</sup> April	self examination and				
	screening				
PD Weekly 1	PD Weekly 2	PD Weekly 3	PD Weekly 4	PD Weekly 5	
Fake News	DIVERSITY WEEK	Role of the Media	Role of the Media	Reflections and	
				Memories	