



Summer Transition Work

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Head of Psychology

Welcome to Psychology!

Summer work is a valuable exercise to prepare you for your chosen A-level course, Psychology.

Summer Task One:

Research the five main approaches in Psychology and make notes on your discoveries in the grid below:

1. Behaviourist
2. Cognitive
3. Biological
4. Psychodynamic
5. Humanistic

Behaviourist	
Cognitive	
Biological	
Psychodynamic	
Humanistic	

Summer Task Two:

Using your new knowledge on the approaches in psychology, try to interpret the following real-world events:

1. Football fan aggression from a **biological perspective**



Explanation of behaviour:

2. Meerkat guarding behaviour from a **behaviourist perspective**



Explanation of behaviour:

3. Obsessive compulsive disorder from a **cognitive perspective**



Explanation of behaviour:

MAKE ASSESSMENT COUNT Date:

What went well:

Even better if / Challenge Question:

Student Action:

