



Sutton Coldfield Grammar School for Girls

February 2020

Dear Parents/Carers

On Thursday 5th March, Year 9 will not follow their usual timetable, but will be doing a PSHE Day. On this day, students will be taking part in a variety of sessions delivered by our staff and specialist outside speakers. These will include sessions on Career planning, Mental Health Strategies and Awareness, Financial Awareness and two sessions from the Umbrella Young People's Health Advisers about Healthy Relationships and Sexual Health. Please visit <https://umbrellahealth.co.uk> if you wish to find out further information.

If you have any queries about any of the sessions planned for the Year 9 PSHE Day on the 5th March, please do contact the school.

Yours faithfully,

Mrs M. Lucas

Assistant Headteacher

Headteacher: Dr Barbara Minards

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