

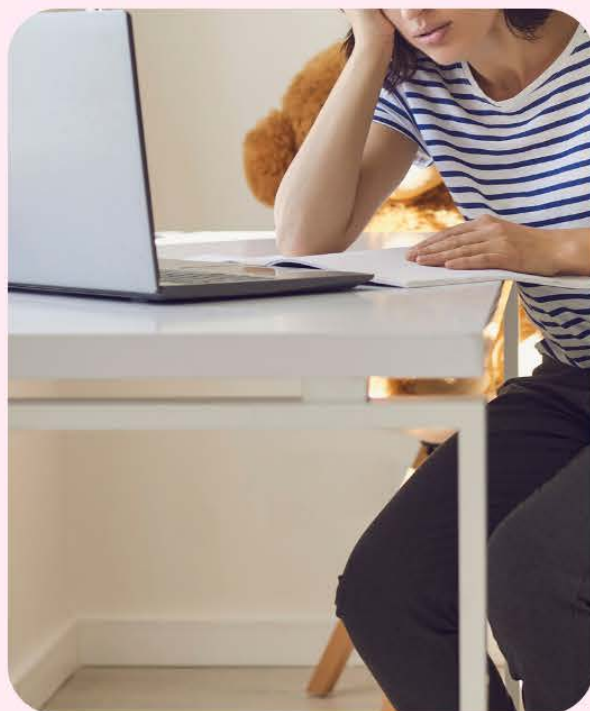
Online support sessions for Autistic Adults and their families

Birmingham based only

FREE 60 minute bookable support sessions with a specialist autism advisor with lived experience.

Person centered, online support sessions, providing information and guidance for pre and post diagnosed autistic adults and their families living in Birmingham.

To register your interest for a session on one of the dates listed, please contact the relevant advisors via email or phone.



Monday 15th and Tuesday 23rd September

**Contact: Michelleh@autismwestmidlands.org.uk
07512 307002**

Tuesday 16th and Tuesday 30th September

**Contact: Darreng@autismwestmidlands.org.uk
07955 278598**

Thursday 18th , Wednesday 24th and Friday 26th September

**Contact: Manolab@autismwestmidlands.org.uk
07881 109474**