



MENU

WEEK 1

V = VEGETARIAN VE = VEGAN

MONDAY

BREAKFAST

- POWERBALLS V
- SAVOURY BREAKFAST MUFFIN
Bacon / Egg / Veg Sausage VE
- YOGHURT & GRANOLA V

MID-MORNING

- DIRTY VEGGIE WEDGES V
- MARGHERITA PIZZA V
- LOADED NACHOS V
- PANINI / BAGUETTE

LUNCH

- HALLOUMI BURGER WITH SRIRACHA SLAW & JACKET WEDGES V
- MAC N' CHEESE V
- JACKET BAR**
-
- CHOCOLATE & KALE BROWNIE VE
- DESSERT SPECIAL V
Fruit / Jelly / Yoghurt

TUESDAY

- POWERBALLS V
- PORRIDGE BAR V
- TOASTED BAGEL V
Plain / Cream Cheese or Melted Cheese
- BREAKFAST HOT POT
- CINNAMON SWIRL V

- DIRTY WEDGES
Meat / Roast Vegetables V
- CIABATTA PIZZA V
- BREAKFAST WRAPS
- HUMMUS BAR V
3 kinds
- PANINI / BAGUETTE

- PERI PERI CHICKEN
With Spicy Rice & Minted Peas
- FALAFEL & HUMMUS RICE BOWL WITH SALAD V
- CHICKEN GYROS
With Bean Salad & Sriracha Slaw
- CURRY BAR**
-
- MARBLE BERRY CAKE V
- DESSERT SPECIAL V
Fruit / Jelly / Yoghurt

WEDNESDAY

- POWERBALLS V
- PORRIDGE BAR V
- SAVOURY BREAKFAST MUFFIN
Bacon / Veg sausage VE
- BREAKFAST WRAP
- YOGHURT & GRANOLA V
- CINNAMON SWIRL V

- SOUP V
- DIRTY VEGGIE WEDGES V
- CARBONARA PIZZA
- FALAFEL & HUMMUS CIABATTA V
- HOT CHICKEN WRAP
- PANINI / BAGUETTE

- CHICKEN CARVERY ROAST 3 WAYS
Lemon / Tandoori / Plain with Roast Potatoes, Gravy & Seasonal Vegetables
- QUORN ROAST V
With Roast Potatoes, Gravy & Seasonal Vegetables
- MEATBALL SUB
- PASTA BAR**
-
- FRUIT SHORTBREAD V
- DESSERT SPECIAL V
Fruit / Jelly / Yoghurt

THURSDAY

- POWERBALLS V
- PORRIDGE BAR V
- TOASTED BAGEL V
Plain / Cream Cheese / Melted Cheese
- BREAKFAST HOT POT
- CINNAMON SWIRL V

- DIRTY WEDGES
Meat / Roast Vegetables V
- PIZZA NAAN V
- SLOPPY GIUSEPPE
- HUMMUS BAR V
3 kinds
- PANINI / BAGUETTE

- CHICKEN KATSU CURRY
With Rice & Mixed Pepper Sriracha Slaw
- AUBERGINE AND PEPPER KATSU CURRY TRAY BAKE V
- PASTA BOLOGNESE POT
- JACKET BAR**
-
- LEMON DRIZZLE CAKE V
- DESSERT SPECIAL V
Fruit / Jelly / Yoghurt

FRIDAY



- POWERBALLS V
- PORRIDGE BAR V
- SAVOURY MUFFIN
Egg / Bacon / Vegan Sausage VE
- BREAKFAST HOT POT
- FULL ENGLISH FRIDAY

- SOUP V
- DIRTY VEGGIE WEDGES V
- PIZZA TWIST
- LOADED NACHOS V
- CINNAMON SWIRL V
- PANINI / BAGUETTE

- FISH & CHIPS
With Peas & Baked Beans served with Curry Sauce / Ketchup / Tartar Sauce
- VEGAN SAUSAGE ROLL WITH CHIPS VE
With Peas & Baked Beans served with Sriracha Ketchup or Curry Sauce
- FISH FINGER SOFT TACO
With Chips, Peas and Baked Beans served with Ketchup/Tartare / Curry Sauce
- PASTA BAR**
-
- FRUIT MUFFIN V
- DESSERT SPECIAL V
Fruit / Jelly / Yoghurt

Fresh vegetables & fruit served daily.

MENU



WEEK 2

V = VEGETARIAN VE = VEGAN

	BREAKFAST	MID-MORNING	LUNCH
MONDAY	<p>POWERBALLS V</p> <p>SAVOURY BREAKFAST MUFFIN Bacon / Egg / Veg Sausage VE</p> <p>YOGHURT & GRANOLA V</p>	<p>MARGHERITA PIZZA V</p> <p>LOADED NACHOS V</p> <p>PANINI / BAGUETTE</p>	<p>ROASTED VEGETABLE & PESTO PASTA BAKE V</p> <p>QUORN FISHLESS FINGER WRAP With Coleslaw V</p> <p>JACKET BAR</p> <p>-----</p> <p>CHOCOLATE CRISPY CAKE V</p> <p>DESSERT SPECIAL V Fruit / Jelly / Yoghurt</p>
TUESDAY	<p>POWERBALLS V</p> <p>PORRIDGE BAR V</p> <p>TOASTED BAGEL V Plain / Cream Cheese or Melted Cheese</p> <p>BREAKFAST HOT POT</p> <p>CINNAMON SWIRL V</p>	<p>BREAKFAST MUFFIN V</p> <p>PIZZA MUFFIN / BAGEL V</p> <p>BREAKFAST WRAPS</p> <p>HUMMUS BAR V 3 kinds</p> <p>PANINI / BAGUETTE</p>	<p>CHICKEN RENDANG With Rice</p> <p>ROASTED BUTTERNUT SQUASH & MOZZARELLA TRAY BAKE V</p> <p>CHIPOTLE CHICKEN & SWEET POTATO BOWL</p> <p>CURRY BAR</p> <p>-----</p> <p>FLAPJACK V</p> <p>DESSERT SPECIAL V Fruit / Jelly / Yoghurt</p>
WEDNESDAY	<p>POWERBALLS V</p> <p>PORRIDGE BAR V</p> <p>SAVOURY BREAKFAST MUFFIN Bacon / Veg sausage VE</p> <p>BREAKFAST WRAP</p> <p>YOGHURT & GRANOLA V</p> <p>CINNAMON SWIRL V</p>	<p>BREAKFAST MUFFIN V</p> <p>MARGHERITA PIZZA V</p> <p>SLOPPY GIUSEPPE</p> <p>HUMMUS BAR V 3 kinds</p> <p>PANINI / BAGUETTE</p>	<p>CHICKEN CARVERY ROAST 3 WAYS Lemon / Tandoori / Plain with Roast Potatoes, Gravy & Seasonal Vegetables</p> <p>BBQ QUORN MELT V With Wedges & Coleslaw</p> <p>HALLOUMI & HUMMUS GYROS V</p> <p>JACKET BAR</p> <p>-----</p> <p>AUTUMNAL ICED LOAF V</p> <p>DESSERT SPECIAL V Fruit / Jelly / Yoghurt</p>
THURSDAY	<p>POWERBALLS V</p> <p>PORRIDGE BAR V</p> <p>TOASTED BAGEL V Plain / Cream Cheese / Melted Cheese</p> <p>BREAKFAST HOT POT</p> <p>CINNAMON SWIRL V</p>	<p>SOUP V</p> <p>PANINI / BAGUETTE</p> <p>PIZZA TURNOVER V</p> <p>LOADED NAAN</p> <p>HUMMUS BAR V 3 kinds</p> <p>PANINI / BAGUETTE</p>	<p>HARISSA SPICED COTTAGE PIE</p> <p>TERIYAKI NOODLES With Broccoli, Carrots and Mangetout V</p> <p>CHICKEN TANDOORI NAAN With Sriracha Slaw</p> <p>PASTA BAR</p> <p>-----</p> <p>BANANA OATBAR V</p> <p>DESSERT SPECIAL V Fruit / Jelly / Yoghurt</p>
FRIDAY	<p>POWERBALLS V</p> <p>PORRIDGE BAR V</p> <p>SAVOURY MUFFIN Egg / Bacon / Vegan Sausage VE</p> <p>BREAKFAST HOT POT</p> <p>FULL ENGLISH FRIDAY</p>	<p>SOUP V</p> <p>DIRTY JACKETS With Roast Vegetables V</p> <p>MARGHERITA PIZZA V</p> <p>LOADED NACHOS V</p> <p>PANINI / BAGUETTE</p>	<p>FISH & CHIPS With Peas & Baked Beans served with Curry Sauce / Ketchup / Tartar Sauce</p> <p>VEGGIE SAMOSA V With Chips and Curry Sauce</p> <p>TERIYAKI SALMON & RICE BOWL</p> <p>JACKET BAR</p> <p>-----</p> <p>ORANGE DRIZZLE CAKE</p> <p>DESSERT SPECIAL V Fruit / Jelly / Yoghurt</p>

Fresh vegetables & fruit served daily.

MENU

WEEK 3

V = VEGETARIAN VE = VEGAN

	BREAKFAST	MID-MORNING	LUNCH
MONDAY	POWERBALLS V SAVOURY BREAKFAST MUFFIN Bacon / Egg / Veg Sausage VE YOGHURT & GRANOLA V	DIRTY VEGGIE WEDGESV MARGHERITA PIZZA V LOADED NACHOS V PANINI / BAGUETTE	NO CHICKEN TIKKA NAAN WRAP V VEGAN PAD THAI VE PASTA BAR ----- CARROT CAKE V DESSERT SPECIAL V Fruit / Jelly / Yoghurts
TUESDAY	POWERBALLS V PORRIDGE BAR V TOASTED BAGEL V Plain / Cream Cheese or Melted Cheese BREAKFAST HOT POT CINNAMON SWIRL V	DIRTY WEDGES Meat / Roast Vegetables V CIABATTA PIZZA V BREAKFAST WRAPS HUMMUS BAR V 3 kinds PANINI / BAGUETTE	TERIYAKI CHICKEN With Mixed Vegetables and Rice CURRIED ROASTED CAULIFLOWER & CHICKPEA TRAY BAKE V BEEF BOLOGNESE & PASTA POT JACKET BAR ----- APPLE SHORTBREAD V DESSERT SPECIAL V Fruit / Jelly / Yoghurt
WEDNESDAY	POWERBALLS V PORRIDGE BAR V SAVOURY BREAKFAST MUFFIN Bacon / Veg sausage VE BREAKFAST WRAP YOGHURT & GRANOLA V CINNAMON SWIRL V	SOUP V DIRTY VEGGIE WEDGES V CARBONARA PIZZA V HOT CHICKEN WRAP FALAFEL & HUMMUS CIABATTA V PANINI / BAGUETTE	PHILLY CHEESESTEAK With Wedges & Gravy Pot VEGAN SAUSAGE With Roasted Vegetables & Mash VE BBQ OR HOT & SPICY CHICKEN WINGS With Wedges & Sweetcorn Salad PASTA BAR ----- LIME & COCONUT DRIZZLE V DESSERT SPECIAL V Fruit / Jelly / Yoghurt
THURSDAY	POWERBALLS V PORRIDGE BAR V TOASTED BAGEL V Plain / Cream Cheese / Melted Cheese BREAKFAST HOT POT CINNAMON SWIRL V	DIRTY WEDGES Meat / Roast Vegetables V PIZZA NAAN V SLOPPY GIUSEPPE HUMMUS BAR V 3 kinds PANINI / BAGUETTE	BEEF LASAGNE VEGETABLE WELLINGTON With Cheesy Jacket Wedges V SWEET CHILLI CHICKEN NOODLES CURRY BAR ----- RASPBERRY & COCONUT FLAPJACK V DESSERT SPECIAL V Fruit / Jelly / Yoghurt
FRIDAY	POWERBALLS V PORRIDGE BAR V SAVOURY MUFFIN Egg / Bacon / Vegan Sausage VE BREAKFAST HOT POT FULL ENGLISH FRIDAY	SOUP V DIRTY VEGGIE WEDGES V PIZZA TWIST V LOADED NACHOS V CINNAMON SWIRL V PANINI / BAGUETTE	FISH & CHIPS With Peas & Baked Beans served with Curry Sauce / Ketchup / Tartar Sauce FISH GYROS & CHIPS VEGGIE TACO V With Chips and Salsa JACKET BAR ----- CHOCOLATE CUSTARD POT V DESSERT SPECIAL V Fruit / Jelly / Yoghurt

Fresh vegetables & fruit served daily.